

MARYLAND DEPARTMENT OF HEALTH

Developmental Disabilities Administration (DDA)
The DDA Waiver Programs: A Person-Centered Approach

Patricia Sastoque, Director of Programs

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Agenda

- DDA Overview
- Person-Centered Planning
- Medicaid Waiver Programs Overview
 - What is a Medicaid Waiver
 - DDA Waivers
- Waiver Services
 - Meaningful Day Services
 - Support Services
 - Residential Services
- Questions

Developmental Disabilities Administration

- We believe that ALL people have the right to live, love, work, learn, play and pursue their life aspirations in the community
- We partner with people with developmental disabilities and families to provide support and resources to live fulfilling lives
- We provide a coordinated service delivery system to enable children and adults with intellectual and developmental disabilities and families to work toward self-determination, interdependence, productivity, integration, and inclusion in all facets of community life across their lifespans
- We are one of many resources, services and supports available to assist individuals and families as they build their lives toward their vision of the of the “Good Life”

DDA Supports

- Children
- Adults
- Families



Reminder –Trajectory to “Good Life”_____

Integrated Supports



My Good Life
Being Employed, Community Membership, My Own Apartment, Practicing My Faith, Taking a Vacation, and more...

Note: Eligibility specific services only can lead to a service life, isolated, loneliness, segregated, restrictions, lack of choice, and boredom.

DDA's Regional Offices

Region Office	Counties Served	Phone
Michael Bryan, Acting Director Central	Anne Arundel County, Baltimore City, Baltimore County, Harford County, Howard County	410-234-8200 TDD: 877-874-2494
Kimberly Gscheidle, Director Eastern	Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico, and Worcester Counties	410-572-5920 TDD: 1-800-735-2258
Judy Pattik, Director Southern	Calvert, Charles, Montgomery, Prince George's, and St. Mary's Counties	301-362-5100 TDD: 1-888-207-2479
Cathy Marshall, Director Western	Allegany, Carroll, Frederick, Garrett, and Washington Counties	301-791-4670 TDD: 1-888-791-0193

Person-Centered Planning

Guiding Force

Guiding Force

- What defines a “good life” is as individual and unique as the person being supported
- All supports and services, not just DDA funded services, need to be considered, explored and reflected in the plan
- The focus should be to create a plan to support the “Good Life” versus a “Service Live”

Guiding Force

- Person-centered planning is a continual process of listening and learning (e.g. exploration and discovery) to create a meaningful and relevant plan that may be adjusted according to life circumstances
- In a person-centered system, the person and people that support them have critical roles and responsibilities in the person-centered planning process

Guiding Force

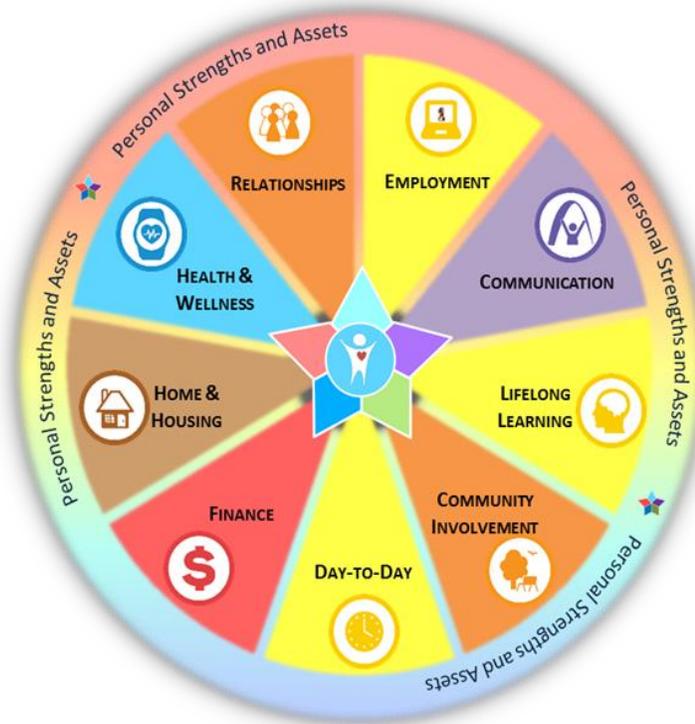
- Although supports and needs may change across the lifespan, pursuit and enjoyment of what is important to the person remains the guiding force and principal
- There are several person centered planning tools and approaches that can be used to plan *with* a person – not *for* the person

Person-Centered Planning

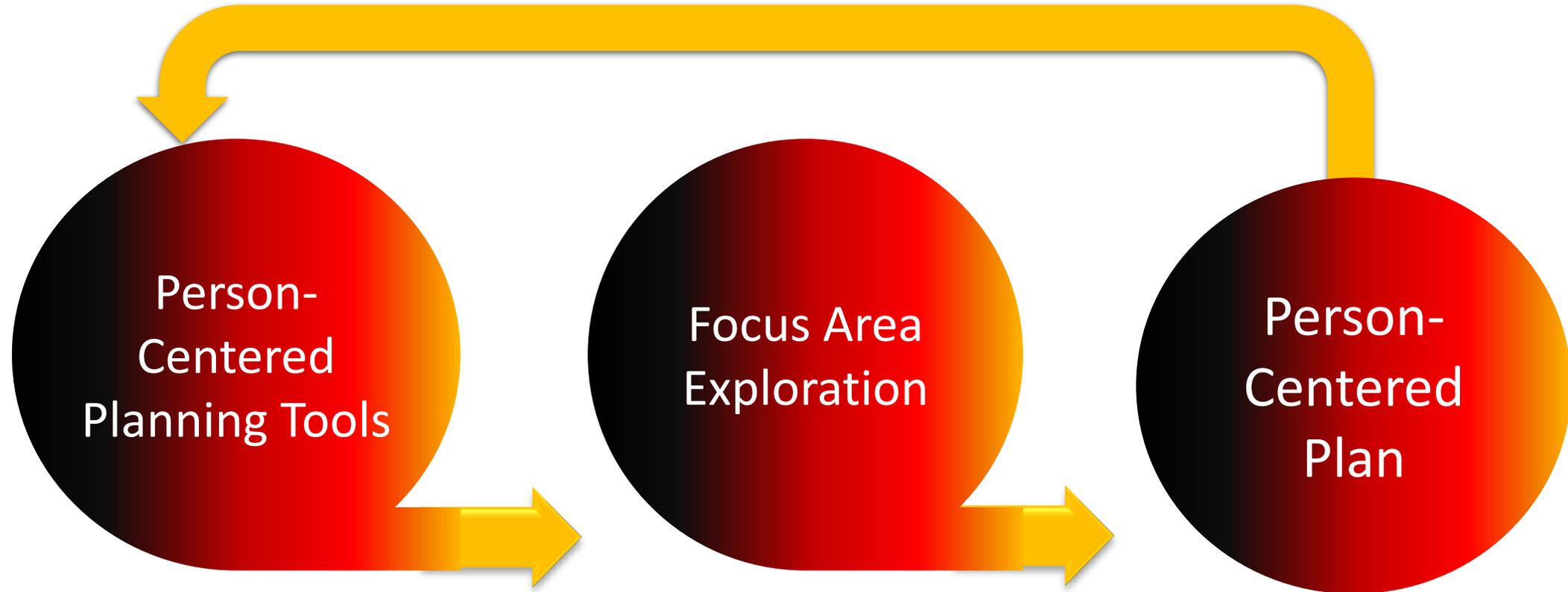
Foundation & Planning Tools

Importance of Planning

- Help the person think about what is important in their lives now and also to think about what would make a good future
- Based on the person's choice and goals, various life areas (domains) can be explored including:
 - Employment
 - Day to Day
 - Community Involvement
 - Communication
 - Finance
 - Health and Wellness
 - Home and Housing
 - Lifelong learning
 - Relationships



Foundation Process for Developing the Person-Centered Plan



Planning Tools

- There are several national planning tools that have been developed and are used across the nation
- The DDA does not mandate a specific planning tool
- The DDA offers training for all stakeholders on various person-centered planning tools (<https://dda.health.maryland.gov/Pages/training.aspx>)
- Individuals facilitating a specific planning strategy should be trained in the specific planning tool

Planning Tools

Charting the LifeCourse - Integrated Supports Star

- All people need support to lead good lives
- Using a combination of many different kinds of support helps to plot a trajectory toward an inclusive, quality, community life
- This tool will help families and individuals brainstorm the supports that they already have or might need in order to work in partnership to make their vision for a good life possible



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Overview

What is a Medicaid Waiver?

What is a Medicaid Waiver?

- A federal Medical Assistance (also known as Medicaid) program
- Waiver means that some of the regular Medicaid rules are “waived”, that is, not applied
- Waivers are typically intended to give states flexibility to serve specific populations and provide services in innovative ways
- It is not a grant

Eligibility requirements? ---

Individuals participating in Medicaid waiver programs must (*initially and continuously*):

- Meet technical eligibility
 - Based on program (e.g., age requirements, diagnosis, etc. and have a plan that meets the individual's health and safety needs)
- Meet medical eligibility
 - Based on program (e.g., nursing facility level of care, chronic hospital level of care, or intermediate care facility for individuals with intellectual disabilities)
- Meet financial eligibility
 - Based on income and assets

Maryland's Medicaid Waiver? ---

- Maryland administers eight Medicaid home and community-based services waiver programs

<u>Waiver for Children with Autism Spectrum Disorder</u>	<u>Community Supports Waiver</u>
<u>Waiver for Individuals with Brain Injury</u>	<u>Family Supports Waiver</u>
<u>Community Options Waiver</u>	<u>Medical Day Care Waiver</u>
<u>Community Pathways Waiver - Renewal 2018</u>	<u>Model Waiver for Disabled Children</u>

For more information: <https://mmcp.health.maryland.gov/waiverprograms/Pages/Home.aspx>

Understanding the DDA Medicaid Waivers

What are the DDA Waivers?

What are the DDA Waivers?

The Developmental Disabilities Administration administers the following Waiver Programs:

Family Supports Waiver

- Children birth to 21 years
- Various Support Services
- Service Cap of \$12,000 annually

Community Supports Waiver

- Children and adults
- Meaningful Day and Support Services
- Service Cap of \$25,000 annually

Community Pathways Waiver

- Children and adults
- Meaningful Day, Support, and Residential Services

Understanding the DDA Medicaid Waivers

What services are available?

DDA Service Type

- Meaningful Day Services
- Support Services
- Residential Services



Important Note

- All federal waiver program applications include an details related to services within “Appendix C Participant Services” including:
 - Service descriptions
 - Service requirements
 - Limitations
 - Services delivery models (self-directed and/or traditional)
 - Provider types and qualifications requirements
- Today we will be sharing a general overview
- For more information please refer to the specific waiver application, associated regulations, policies, and guidance

Important Note

- The DDA has submitted *amendments* to the waiver programs which are currently under review by the Center for Medicare and Medicaid Services (CMS)
- Today's presentation is based on the currently approved waiver applications and will include some proposed changes
- Up to date information regarding the amendments can be viewed on the dedicated DDA Amendments #1 2019 webpages at:
https://dda.health.maryland.gov/Pages/DDA_Waivers-Amendment1_2019.aspx

Meaningful Day

Meaningful Day Services	FSW	CSW	CP
Supported Employment <i>(Transitioning to the new Employment Services in 2020)</i>		X	X
Employment Discovery and Customization Services <i>(Transitioning to the new Employment Services in 2020)</i>		X	X
Career Exploration		X	X
<i>Facility Based Supports</i>		X	X
<i>Small Group Supports</i>		X	X
<i>Large Group Supports</i>		X	X
Community Development Services		X	X
Day Habilitation		X	X
Medical Day Care		X	X

FSW – Family Supports Waiver CSW – Community Supports Waiver
 CP – Community Pathways Waiver

Supported Employment

- Variety of supports to help an individual identify career and employment interest, as well as to find and keep a job such as:
 - Individualized job development and placement
 - On-the-job training in work and work-related skills
 - Facilitation of natural supports in the workplace;
 - Ongoing support and monitoring of the individual's performance on the job
 - Training in related skills needed to obtain and retain employment such as using community resources and public transportation;
 - Negotiation with prospective employers
 - Self-employment supports

Employment Discovery and Customization

- Time-limited comprehensive, community-based employment process and activities including:
 - Assessment and community employment-related profiles in a variety of settings
 - Assessment of the community surrounding the participant's home
 - Work skills and interest inventory
 - Community-based job trials and community-based situations in order to identify skills, interest, and learning style
 - Identification of the ideal conditions for employment for the participant which may include self-employment
 - Development of an Employment Discovery Profile (i.e. participant's skills, job preferences, possible contributions to an employer, and useful social networks)

Meaningful Day

 Meaningful Day Services	FSW	CSW	CP
Employment Services		Phase in July 2020	Phase in July 2020
<i>Discovery</i>			
<i>Job Development</i>			
<i>Follow Along</i>			
<i>On-going Job Supports</i>			
<i>Co-Worker Employment Supports</i>			
<i>Customized Self-Employment</i>			

Employment Services will replace our legacy Supported Employment and Employment Discovery and Customization Services

Note: Additional information and details regarding DDA’s employment and meaningful day services will be shared during the April 23, 2019 DDA Educational Webinar Series

Career Exploration

- Time-limited services to help participants learn skills to work toward competitive integrated employment including learning:
 - Skills for employment, such as time-management and strategies for completing work tasks
 - Socially acceptable behavior in a work environment
 - Effective communication in a work environment
 - Self-direction and problem-solving for a work task
- Career Exploration includes three models:
 - Facility-Based Supports
 - Small Group Supports
 - Large Group Supports

Community Development Services

- Development and maintenance of skills related to community membership through engagement in community-based activities with people without disabilities such as:
 - Engaging in activities that facilitate and promote integration and inclusion of a participant in their chosen community, including identifying a path to employment for working age individuals
 - Travel training
 - Participating in self-advocacy classes and activities
 - Participating in local community events
 - Volunteering

Day Habilitation Services

- Development and maintenance of skills related to activities of daily living, instrumental activities of daily living, and vocation and socialization, through application of formal teaching methods and participation in meaningful activities. For example:
 - Learning skills for employment
 - Learning socially acceptable behavior
 - Learning effective communication
 - Learning self-direction and problem solving
 - Engaging in safety practices
 - Performing household chores in a safe and effective manner
- 32 • Performing self-care

Medical Day Care

Medically supervised day program that includes the following services:

- Health care services
- Nursing services
- Physical therapy services
- Occupational therapy services
- Assistance with activities of daily living such as walking, eating, toileting, grooming, and supervision of personal hygiene
- Nutrition services
- Social work services
- Activity Programs
- Transportation services

Self-direction Options

Meaningful Day Services	FSW	CSW	CP
Supported Employment <i>(Transitioning to the new Employment Services in 2020)</i>		Employer and Budget Authorities	
Employment Discovery and Customization Services <i>(Transitioning to the new Employment Services in 2020)</i>		Budget Authority	
Career Exploration		N/A	
<i>Facility Based Supports</i>		N/A	
<i>Small Group Supports</i>		N/A	
<i>Large Group Supports</i>		N/A	
Community Development Services		Employer and Budget Authorities	
Day Habilitation		Budget Authority	
Medical Day Care		N/A	

FSW – Family Supports Waiver CSW – Community Supports Waiver
 CP – Community Pathways Waiver

Self-direction Options



Meaningful Day Services	FSW	CSW	CP
Employment Services			Budget Authority
<i>Discovery</i>			
<i>Job Development</i>			
<i>Follow Along</i>			
<i>On-going Job Supports</i>			
<i>Co-Worker Employment Supports</i>			
<i>Customized Self-Employment</i>			

DDA Waivers – Support Services

Support Services	FSW	CSW	CP
Assisted Technology and Services	X	X	X
Behavioral Support Services	X	X	X
<i>Behavioral Assessment</i>	X	X	X
<i>Behavioral Plan</i>	X	X	X
<i>Behavioral Consultation</i>	X	X	X
<i>Brief Support Implementation Services</i>	X	X	X
Environmental Assessment	X	X	X
Environmental Modifications	X	X	X
Family and Peer Mentoring Supports	X	X	X
Family Caregiver Training and Empowerment Services	X	X	X
Individual and Family Directed Goods and Services (Self-Direction Only)	X	X	X
<i>Goods and Services (up to \$5000)</i>	X	X	X
<i>Staff Recruitment and Advertisement (up to \$500)</i>	X	X	X
Housing Support Services	X	X	X

Support Services	FSW	CSW	CP
Live-In Caregiver Supports			X
Nursing Consultation		X	X
Nursing Case Management and Delegation Services		X	X
Nursing Health Case Management		X	X
Participant Education, Training and Advocacy Supports	X	X	X
Personal Supports	X	X	X
Remote Support Services			X
Respite Care Services	X	X	X
<i>Daily Rate</i>	X	X	X
<i>Hourly Rate</i>	X	X	X
<i>Camp</i>	X	X	X
Support Broker Services	X	X	X
Transition Services			X
Transportation	X	X	X
Vehicle Modifications	X	X	X



Services added in Amendment #1 2019 proposal

Support Services Self-directed Options

Support Services	FSW	CSW	CP
Assisted Technology and Services	Budget Authority		
Behavioral Support Services	Budget Authority		
<i>Behavioral Assessment</i>			
<i>Behavioral Plan</i>			
<i>Behavioral Consultation</i>			
<i>Brief Support Implementation Services</i>	Budget Authority		
Environmental Assessment	Budget Authority		
Environmental Modifications	Budget Authority		
Family and Peer Mentoring Supports	Budget Authority		
Family Caregiver Training and Empowerment Services	Budget Authority		
Individual and Family Directed Goods and Services (Self-Direction Only)	Budget Authority		
<i>Goods and Services (up to \$5000)</i>			
<i>Staff Recruitment and Advertisement (up to \$500)</i>			
Housing Support Services	Budget Authority		

Support Services	FSW	CSW	CP
Live-In Caregiver Supports			Budget Authority
Nursing Consultation	Budget Authority		
Nursing Case Management and Delegation Services	Budget Authority		
Nursing Health Case Management	Budget Authority		
Participant Education, Training and Advocacy Supports	Budget Authority		
Personal Supports	Employer and Budget Authority		
Remote Support Services			Budget Authority
Respite Care Services	Employer and Budget Authorities		
Support Broker Services	Employer and Budget Authorities		
Transition Services			Budget Authority
Transportation	Budget Authority		
Vehicle Modifications	Budget Authority		

DDA Waivers – Residential Services

Residential Services	FSW	CSW	CP
Community Living --Group Home			X
<i>Service</i>			X
<i>Trial Experience</i>			X
<i>Retainer Fee</i>			X
Community Living--Enhanced Supports			Phase in July 2020
<i>Service</i>			
<i>Trial Experience</i>			
<i>Retainer Fee</i>			
Shared Living			X
Supported Living			Beginning July 2019

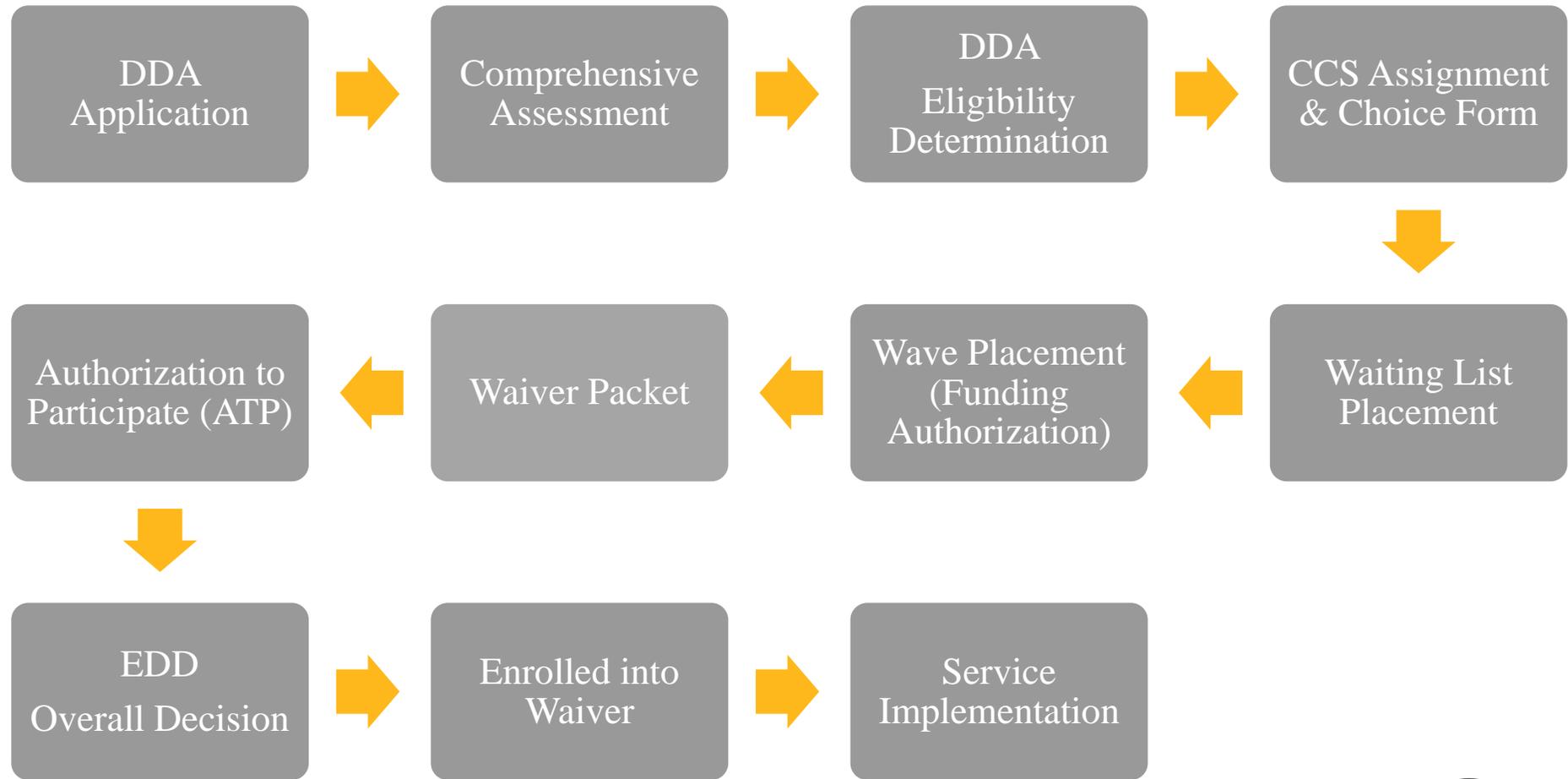
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Residential Services Self-Directed Options

Residential Services	FSW	CSW	CP
Community Living --Group Home			N/A
<i>Service</i>			N/A
<i>Trial Experience</i>			N/A
<i>Retainer Fee</i>			N/A
Community Living--Enhanced Supports			N/A
<i>Service</i>			
<i>Trial Experience</i>			
<i>Retainer Fee</i>			
Shared Living			N/A
Supported Living			Budget Authority

DDA Process



Contact

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Questions

